

Save the Date: Free October Public Event by Opal Network

Creativity & Mental Wellness in Lane County

Music, Art, Poetry for Empowerment in Mental Health

You are invited to be a planner for this special Fall celebration!

Where: Trauma Healing Project
1100 Charnelton St., Eugene, OR

Dates:

1st Planning Mtg: **This Fri. 9/6/2019**
2 pm - 3 pm

2nd Planning Mtg: **Fri. 10/4/2019**
2 pm - 3 pm

Main Event: Tues. 10/29/2019
3:30 pm - 5:30 pm

Hosts: Christina Peirsol & David W. Oaks

Your ideas & time are important for this fun community gathering. Help plan & join in the excitement!

All are welcome. All agencies and groups that work in mental health in Lane County are encouraged to send Representatives.

We especially invite mental health consumers and psychiatric survivors to attend & speak out!

Started in 2007, this free public forum in Eugene is named after Opal Whiteley [1897 – 1992], a famous author with a psychiatric diagnosis who was born and raised in Lane County.



Opal Network:

A Lane County coalition to support the self-determination, voice and empowerment of clients of mental health services. Get involved!

Thank you to Opal Network Sponsors:

- Aciu Institute • Center for Family Development
- Direction Service • Eugene Office of Human Rights
- Lane County Mental Health Consumer/Survivor Advisory Council • Lane Independent Living Alliance • Laurel Hill Center • MindFreedom Oregon • NAMI Lane County
- Oregon Consumer/Survivor Coalition • Oregon Family Support Network • PeaceHealth Counseling Services
- Sexual Assault Support Services • ShelterCare
- Trauma Healing Project • White Bird/CAHOOTS

Free refreshments!

Wheelchair accessible.

Sign language if 72 hours notice.